|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **6.00am** | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)*  Elle | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)*  Megan | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)*  Linda | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/ATTACK%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BA_l.jpg)*  Bec | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)*  Liza |  |  |
| **9.30am** | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)*  Lyn | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)*  Lyn | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)*  Lyn | **X-TRAINER**  Zorica | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)*  Lauren | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/ATTACK%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BA_l.jpg)  9.30am  Lainie | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)9.30am  Andrew |
|  |  | SENIORS**\***  GROUP FITNESS  11.00am  *Marlene* | SENIORS**\***  CIRCUIT CLASS  10.00am  Matt | SENIORS**\***  GROUP FITNESS  11.00am  Marlene |  | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)*10.30am*  Lyn | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)  Technique  10.30-11am  Andrew |
|  |  | FIT-BALL CLASS\*  1.00pm  *Marlene* |  |  | **BOX A CISE**  12.30pm  Zorica |  | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)*3.15pm*  Bec |
|  |  |  |  |  |  |  | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)*4.15pm*  Linda |
| **5.30pm** | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)  Lainie | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)  Fiona | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)  Bec | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/ATTACK%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BA_l.jpg)  Linda |  | *[http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/STEP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BS_l.jpg)*  *5pm*  Megan | **BOX A CISE**  *5.15pm*  Fiona |
| **6.30pm** | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/ATTACK%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BA_l.jpg)  Linda | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)  Andrew | **BOX A CISE**  Zorica | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)  Lauren |  |  | |
| **7.30pm** | **BOX-CIRCUIT**  Linda |  | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/PUMP%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/eclub/BP_l.jpg)  Hans | [http://www.lesmills.com/resourceimages/Files/Marketing/StyleGuideLogos/Brand%20Files-2007/ProgramLogos/BALANCE%20BUTTON_s.jpg](http://www.lesmills.com/resourceimages/files/Marketing/StyleGuideLogos/logos%202010/Program%20Button%20Logos/JPEG/BB_l.jpg)  Sherna |  |

**Vikings 24/7 Fitness Class Timetable**